

The **Foundation for Hand Surgery** is a non-profit organization dedicated to developing and improving the hand, wrist and upper limb surgery.

Our goal is to promote **education** and **research** in the hand surgery sector by establishing an interactive European center of excellence.

The Foundation supports, in Switzerland and abroad, the development of hand, wrist & upper limb surgery, supporting projects in the following fields:

- >> Medical research
- >> Scientific publication
- >> Surgery training
- >> Promotion of hand and upper limb surgery
- >> Funding of jobs and infrastructure in the field of hand and upper limb surgery in countries where hand surgery is not available.



First training "The Scapholunate Instability" on May 17, 2019  
Faculty members: M.Garcia-Elias, E.Hagert, B.Lussiez, G.Dautel, P.Teixeira



Support the Foundation for Hand Surgery

## Make a donation

The Foundation for Hand Surgery is a non-profit organization that solely relies on donations and sponsorships.

By making a donation, you help us continue and further develop our mission of improving the hand, wrist and upper limb surgery and its training.

The Foundation for Hand Surgery is part of the Transnational Giving Europe (TGE) network. Donations from European countries are tax deductible.

For more information please visit our page:  
<https://www.foundation-handsurgery.org/donate/>

“The Foundation does not belong to anyone  
It is there for everyone”

[www.foundation-handsurgery.org](http://www.foundation-handsurgery.org)

### Foundation for Hand Surgery

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# FHS 2019 Practical Training Program

*Learning and Training on fresh frozen cadaver limbs*

## September 13 – SFITS (Geneva)

### Base of the thumb: conservative surgery (Junior course)

Massimo Ceruso, Jean Goubau, Gürsel Leblebicioglu,  
Etienne Rapp, Alain Tchurukdichian

- 07:30 Welcome
- 07:45 Introduction
- 08:00 **Thumb carpometacarpal joint innervation**
- 08:15 **CMC joint denervation**
- 09:45 Coffee break
- 10:00 **The unstable thumb carpometacarpal joint**
- 10:15 **Ligament stabilization**
- 12:00 **First metacarpal/Trapezium osteotomy**
- 13:30 Lunch on site
- 14:15 **Osteoarthritis of the base of the thumb**
- 14:30 **Thumb carpometacarpal resection arthroplasty**
- 16:00 **Tight rope ligamentoplasty (faculty)**
- 16:45 Closing remarks

**Cadaver lab:** 20 participants, 5 fully equipped stations, 2 surgeons per forearm.  
Each session will be introduced with a short Powerpoint presentation.  
Each demonstration session and practical exercise will last 30 and 45 min, respectively.

## October 18 – SFITS (Geneva)

### The distal radio-ulnar joint (Senior course)

Grégoire Chick, Daniel Herren,  
Diego Fernandez, Angel Ferreres

- 07:30 Welcome
- 08:00 Introduction
- 08:15 **Normal Anatomy of the DRUJ**
- 08:30 **Anatomical dissection of the ulnar sided wrist**
- 09:00 **Distal radio-ulnar instability**
- 09:15 **Distal radio-ulnar ligament reconstruction**
- 10:30 Coffee break
- 11:00 **Ulnar impingement syndrome**
- 11:15 **Ulnar shortening osteotomy**
- 12:00 Lunch on site
- 13:00 **Destruction of the distal radio-ulnar joint: surgical options**
- 13:15 **Sauvé-Kapandji procedure**
- 14:45 **Ulnar head replacement**
- 16:15 Closing remarks

**Cadaver lab:** 40 participants, 10 fully equipped stations, 2 surgeons per forearm.  
Each session will be introduced with a short PowerPoint presentation.  
Each demonstration session and practical exercise will last 30 and 45 min, respectively.

## November 8 – SFITS (Geneva)

### Finger, carpal and wrist joint fusion (Junior course)

Philippe Bellemère, Angel Ferreres

- 07:30 Welcome
- 08:00 Introduction
- 08:05 **Technical principles and material used for joint fusion**
- 08:15 **DIP Joint fusion**
- 08:30 **DIP Joint fusion procedure**
- 09:00 **PIP Joint fusion**
- 09:15 PIP Joint fusion procedure
- 09:45 **Fusion of the thumb MCP Joint**
- 10:00 **Thumb MCP joint fusion procedure**
- 10:30 Questions
- 10:40 Coffee break
- 10:45 **Intercarpal fusion**
- 12:00 **Four-corner - Capitulate fusion procedures**
- 12:45 Lunch on site
- 13:45 **Partial and total wrist fusion, total wrist fusion: Instructor**
- 14:00 **Radioscapholunate fusion - total wrist fusion procedures**
- 14:45 Questions
- 15:15 Closing remarks

**Cadaver lab:** 20 participants, 5 fully equipped stations, 2 surgeons per forearm.  
Each session will be introduced with a short PowerPoint presentation.  
Each demonstration session and practical exercise will last 15 and 30 min, respectively.

**INFORMATION & REGISTRATION** (places are limited)  
[www.foundation-handsurgery.org](http://www.foundation-handsurgery.org)